



**The Perpetual Novena
of
Our Lady of Perpetual Help**

as conducted at
ST. MICHAEL'S CHURCH MAHIM

Imprimatur

† Simon Pimenta
Archbishop of Bombay
May 6, 1961.

2008

ORDER OF DEVOTIONS

- 1. Invocation to the Holy Spirit**
- 2. An Act of Contrition**
- 3. One Our Father, Hail Mary, Glory for the intentions of the Holy Father**
- 4. Invocation to Our Lady**
- 5. Summary of petitions and thanksgivings**
- 6. Novena Prayers**
- 7. Hymn - Mother Dear, O Pray for Me**
- 8. Announcements and sermonette Silent Prayer**
- 9. The 'Memorare'**
- 10. Exposition and Prayer before the Blessed Sacrament**
- 11. Blessing of the sick**
- 12. Hymn - Mary from thy Sacred Image**
- 13. Benediction of the Blessed Sacrament**
- 14. Hymn - Mother Dearest Mother Fairest**

NOVENA PRAYERS

1. COME HOLY GHOST

(Stand)

Come, Holy Ghost, Creator blest,
And in our Souls take up Thy rest,
Come with Thy grace and heavenly aid,
To fill the hearts which Thou hast made.

V. Send forth Thy Spirit and they shall be created;

R. And Thou shalt renew the face of the earth.

LET US PRAY

O God, who didst teach the hearts of Thy faithful people by sending them the light of the Holy Spirit, grant us by the same Spirit, to have a right judgement in all things, and evermore to rejoice in His holy comfort, through Christ Our Lord, Amen.

2. AN ACT OF CONTRITION

(Here, O God is my sacrifice, a broken spirit; a heart that is humbled and contrite, thou, O God, will never disdain; ps. 50:19).

My God, I believe in Thee ● I hope in Thee,
● I love Thee above all things ● with all my
soul, ● with all my heart ● and with all my
strength; ● I love Thee because Thou are
infinitely good ● and worthy of being loved;
● and because I love Thee, ● I repent with
all my heart ● of having offended Thee; ●
have mercy on me a sinner. ● Amen

3. FOR THE INTENTIONS OF THE HOLY FATHER

(To gain the indulgences attached to this Novena in this Church).

THE OUR FATHER

Our Father, who art in heaven,
hallowed be Thy Name, Thy kingdom come,
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,

and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee Blessed art thou amongst women, and blessed is the fruit of thy womb, JESUS. Holy Mary Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE GLORY BE TO THE FATHER

Glory be to the Father, and to the Son and to the Holy Spirit.

As it was in the beginning, is now and ever shall be world without end. Amen.

4. INVOCATIONS TO OUR LADY

We fly to thy patronage, O holy Mother of God ● despise not our petitions in our necessities ● but ever deliver us from all dangers O glorious and blessed Virgin

Priest : O Mother of Perpetual Succour,
thou whose very name inspires
confidence

People : *Help me, O loving Mother.*

Pr. That I may love and serve God
with all my heart

Pe. *Help me, O loving Mother.*

Pr. That I may never neglect prayer

Pe. *Help me, O loving Mother.*

Pr. In temptations against the holy
virtue of purity

Pe. *Help me, O loving Mother.*

Pr. That I may quickly rise again
should I have the misfortune to
fall into sin

Pe. *Help me, O loving Mother.*

Pr. That I may labour zealously to get
rid of my sinful habits

Pe. *Help me, O loving Mother.*

Pr. That I may courageously resist
the seductions of the world, evil

companions, bad books and films

People : *Help me, O loving Mother.*

Priest : That I may often and devoutly receive the Sacraments and fulfil my Christian duties and the duties of my state

Pe. *Help me, O loving Mother.*

Pr. That I may be patient and resigned in all trials and troubles of life

Pe. *Help me, O loving Mother.*

Pr. In sickness and pain, in poverty and distress

Pe. *Help me, O loving Mother.*

Pr. That I may not delay my conversion from day to day

Pe. *Help me, O loving Mother.*

Pr. That I may ever love and serve thee and invoke thy assistance

Pe. *Help me, O loving Mother.*

Priest : That I may be able to lead others
to love, serve and pray to thee

People : *Help me, O loving Mother.*

Pr. When death is near and I am
about to pass into eternity

Pe. *Help me, O loving Mother.*

Pr. To my last hour, to my last breath
do thou watch over me

Pe. *Help me, O loving Mother.*

Pr. Pray for us O Mother of Perpetual
Succour

Pe. *That we may be made worthy of
the promises of Christ.*

LET US PRAY

O Almighty and merciful God ● who in
order to assist the human race ● hast willed
the Blessed Virgin Mary ● to become the
Mother of Thy only-begotten Son ● grant we
beseech Thee ● that by her intercession ●

we may avoid the contagion of sin ● and serve Thee with a pure heart ● Through the same Christ Our Lord. ● Amen.

5. SUMMARY OF PETITIONS & THANKSGIVINGS

6. NOVENA PRAYERS

O Mother of Perpetual Succour ● behold me a miserable sinner at thy feet. ● I have recourse to thee and put my trust in thee ● O Mother of Mercy, have pity upon me. ● I hear thee called by all ● the refuge and the hope of sinners; ● be then my refuge and my hope, ● Succour me for the love of Jesus Christ; ● stretch forth thy hand to me, ● a poor sinner, ● who recommend and dedicate myself to thee ● as thy perpetual servant. ● I bless and thank God for having in His Mercy given me this confidence in Thee, ● the pledge, as I believe of my eternal salvation. ● Alas, too often in past times have I miserably

fallen • because I had not recourse to thee
• I know that with thy help I shall conquer.
• I know that thou wilt help me • if I
recommend myself to thee, • but I fear lest
in the occasion of falling • I should cease
to call upon thee • and so should lose my
soul. • This then is the grace I seek from
thee, • and I beg of thee, as far as I know
how and can, • to obtain it for me, • namely,
in the assaults of hell, • always to have
recourse to thee and to say to thee: • O Mary,
help me. • Mother of Perpetual Succour, •
suffer me not to lose my God • Amen.

Priest : Mother of Perpetual Succour

People : *Pray for thy Children.* } (repeat
Hail Mary ... } three
times)

Holy Mary, ● succour the miserable, help
the faint hearted ● cheer those that weep,
● pray for the people, ● be the advocate of
the clergy, ● intercede for all devout women,
● let all feel thine aid, ● who implore thy
perpetual succour.

Priest : Thou has been made for us O
Lady, a Refuge.

People : *A helper in need and tribulation.*

LET US PRAY

O Lord Jesus Christ, ● Who hast given us
Thy Mother Mary, ● whose wondrous image
we venerate, ● to be our Mother ● ever ready
to succour us, ● grant, we beseech Thee,
● that we, who earnestly implore her
maternal aid, ● may deserve to enjoy
perpetually the fruit of Thy redemption. ●
Who lives and reigns world without end.
Amen.

7. HYMN - MOTHER DEAR OH PRAY FOR ME

Mother dear, Oh, pray for me
 Whilst far from Heaven and Thee,
I wander in a fragile bark
 O'er life's tempestuous sea.
O Virgin Mother, from Thy throne,
 So bright in bliss above,
Protect Thy child, and cheer my path,
 With Thy Sweet smile of love.

Chorus :

Mother dear, Oh pray for me
 And never cease Thy care;
Till in heaven eternally,
 Thy love and bliss I share.

8. ANNOUNCEMENT AND PREACHING

SILENT PRAYER

9. THE MEMORARE

Remember, O most gracious Virgin Mary, ●
that never was it known ● that anyone who
fled to thy protection, implored thy help, ●
or sought thy intercession, ● was left
unaided. ● Inspired with this confidence, ●
I fly to thee, O Virgin of Virgins, my Mother.
● To thee I come, ● before thee I stand, ●
sinful and sorrowful. ● O Mother of the Word
Incarnate ● despise not my petitions, ● but
in thy mercy hear and answer me. Amen.

10. EXPOSITION AND PRAYER BEFORE THE BLESSED SACRAMENT

Merciful lord whose mercies are
without number
and whose goodness is Without end
You Abide with your people in
wondrous manner
and are with us all days even to the end
of time.

By your kindly presence direct our
minds,

with your guiding love watch over our
paths,

with your powerful help deliver us from
every tribulation

From all danger and sin
that we may on earth always live
with you and in you

and in your eternal dwelling
enjoy your presence for ever

Amen.

11. BLESSING OF THE SICK

- V. Our help is in the Name of the Lord,
R. Who made heaven and earth.
V. Lord, hear my prayer
R. And let my cry come unto Thee.
V. The Lord be with you.
R. And with you also.

LET US PRAY

Grant, we beseech Thee, O Lord God that these Thy servants may enjoy perpetual health of mind and body; and by the glorious intercession of Blessed Mary, ever Virgin, be delivered from present sorrow and enjoy eternal gladness Through Christ our Lord. Amen.

(Extending his right hand towards the people)

May the Lord Jesus Christ be amongst you,
to defend you ● within you, to preserve you
● before you, to guide you ● after you, to

guard you ● above you to bless you ● who
with the Father and the Holy Spirit lives and
reigns for ever and ever. Amen.

Through the intercession of our Mother
of Perpetual Succour may the blessing of
Almighty God, + Father, Son, and Holy Spirit,
descend upon you and remain with you
forever. Amen.

12. MARY FROM THY SACRED IMAGE

Mary, from thy sacred image,

With those eyes so sadly sweet,
Mother of Perpetual Succour!

See us kneeling at thy feet.
In thy arms thy Child thou bearest
Source of all thy joy and woe;
What thy bliss, how deep thy sorrows,
Mother, thou alone canst know

13. BENEDICTION OF THE BLESSED SACRAMENT

Let us bow in adoration,
To this Sacrament so great,
Here is new and perfect worship,
All the old must terminate,
Senses cannot grasp this marvel,
Faith must serve to compensate.
Glory, Honour, Adoration,
Let us sing with one accord,
Praised be God, Almighty Father,
Praised be Christ, His Son Our Lord,
Praised be God the Holy Spirit,
Triune God-head be Adored. Amen.

Priest : Let us Pray : O God in this wonderful Sacrament you have left us the memorial of your Passion grant that we may so reverence the Sacred Mysteries of your Body and Blood, that the taste of the fruit of your redemption may ever be within us, who lives and reigns for ever and ever.

People : Amen.

THE DIVINE PRAISES

Blessed be God

Blessed be His Holy Name

Blessed be Jesus Christ, true God and
true Man

Blessed be the Name of Jesus

Blessed be His Most Sacred Heart

Blessed be His Most Precious Blood

Blessed be Jesus in the Most Holy
Sacrament of the Altar

Blessed be the Holy Spirit, the Paraclete

Blessed be the great Mother of God,
Mary most Holy

Blessed be Her Holy and Immaculate
Conception

Blessed be Her Glorious Assumption

Blessed be the Name of Mary, Virgin
and Mother

Blessed be St. Joseph, her most chaste
Spouse

Blessed be God in His Angels and in
His Saints

14. MOTHER DEAREST, MOTHER FAIREST

1. Mother dearest, Mother fairest,
Help of all who call on Thee,
Virgin purest, brightest, rarest,
Help us, help we cry to Thee.

Chorus

Mary, help us, help we pray
Mary, help us, help we pray
Help us in all care and sorrow,
Mary, help us, help we pray,

2. Mary, help in pain and sorrow,
Soothe those rack'd on bed of pain
May the golden light of morrow
Bring them health and joy again.

Chorus

3. Help our priests, our sisters lowly,
Help our Pope, long may he reign,
Pray that we who sing their praises
May in Heav'n all meet again.

Chorus

4. Mary, help the absent loved ones;
How we miss their presence here,
May the hand of Thy protection,
Guard and guide them far and near.

Chorus

OCCASIONAL PRAYERS

(For Personal use only)

THE SIGN OF THE CROSS

In the name of the Father, and of the Son and of the Holy Spirit. Amen

THE OUR FATHER

Our Father, who art in heaven, hallowed be Thy Name, Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, JESUS. Holy Mary Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE APOSTLES CREED

I believe in God, the Father Almighty, Creator of heaven and earth, I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died and was buried. He descended to the dead. On the third day he rose again. He ascended into Heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting, Amen.